

SHERRY DELL'S REPRESENTATIVE PUBLICATIONS

Nature's Home Remedies: Your Homemade Self Care Kit for Everyday First Aid, 2021

The Art of Connecting with Nature, selected chapters, 2021

When Beauty is All You See: The Poetry of Grief. 2020

The Camino Lessons, 2020

How to Live: One Dog's Advice for Humans of Health, Love, and Life, 2018

A Good Ole Soul, 2017

Collected Writings on Natural Health and the Spiritual Path, 2017

Monthly Health and Wellness column Hood River News, Mind, Body, Spirit supplement; September 2008 to 2010

"I am the Allower of my own Wellbing": A monthly Health and Wellness newsletter: www.SherryDell.com ; July 2007 to 2011

Health Locus of Control and Outcomes of Holistic Nutritional Counseling, unpublished doctoral dissertation, 2006

"The Food Pyramid vs Sherry's Everyday Good Eating Habits," Equinaut, 6/05

"Brain Damage from Drugs and Alcohol: A Nutritional Approach," Equinaut, Colorado Springs, 2/04

"The Best Ways to Gain Weight," Equinaut, Colorado Springs 1/04

"The Spiritual Practice of Conscious Eating," Equinaut, Colorado Springs, 11/03

"Holistic Biochemical Balancing, Equinaut, Colorado Springs, 7/03

"Human Communication and Peace, Equinaut, Colorado Springs, 2/03

"Nutrition, Massage, and Other Options for a Healthy Breast," Equinaut, Colorado Springs, 11/02

"Nutritional Approaches for Improving Depression," Equinaut, Colorado Springs, 7/02 and 8/02

"The Amazing Medicine of the Yucca Plant," Natural Awakenings, Colorado Springs, 1/02

“Choosing Vibrant Longevity,” Natural Awakenings, Colorado Springs, 9/00

Oxygen, Love & Money, self-published, Colorado Springs, 2000.

“Healthy Eating, Healthy Lifestyle During the Holidays,” The Colorado Springs Business Journal, 9/18/98

The Low Carbohydrate Companion, with Ann Donovan, CN, self published, Colorado Springs, 1997.

“A Communication-based Theory on the Glass Ceiling: Rhetorical Sensitivity and Upward Mobility Within the Technical Organization,” IEEE Transactions on Professional Communication, December 1992.

“Using Communication Analysis Techniques for Organizational Change,” Proceedings, International Professional Communication Conference, September 1992.

Relational Communication and Organizational Customer Loyalty, unpublished doctoral dissertation, August 1990.

“Promoting Equality of the Sexes through Technical Writing,” Technical Communication, August 1990.

“Overview of an Interactive Videodisc Project,” Technical Communication, August 1988.

“Interactive Videodisc: Making the Most of a Visual Medium,” with A. Elser, Proceedings, 33rd International Technical Communication Conference, May 1986.

“An Introduction to Interactive Videodisc Courseware,” Proceedings, 32nd International Technical Communication Conference, May 1985.

“Improving Technical Art in Logistics Documentation: Overcoming Communication Barriers Between Writers and Illustrators,” Proceedings, 19th International Logistics Symposium, with B. Scanlan, August 1984.

“How to Use Graduate Interns as Support Staff,” IEEE Transactions of Professional Communication, with S. Bagby, December 1983.

“ASAPP: An Automated Systems Approach to Proposal Production,” IEEE Transactions on Professional Communication, with J. Euler, S. Bagby, and S. Dressel, June 1983.

The Physical Science Laboratory Style Guide, Physical Science Laboratory, Las Cruces, NM, May 1983.

“An Automated Systems Approach to Proposal Production: The Data Base,” Proceedings, 30th International Technical Communication Conference, May 1983.

SHERRY DELL’S REPRESENTATIVE PRESENTATIONS AND PROFESSIONAL ACTIVITIES

“Listening to your Hormones,” breakout session SpiritWoman Conference, 10/10

“Wellness Strategies for Stress Management,” key note lecture presented to Dungarvin Colorado, Colorado Springs, 2/08

“Natural Healing for Cancer Patients,” Memorial Hospital Cancer Center, Colorado Springs, 1/07 and 2/07

“Understanding your Body’s pH: An Important Approach to HIV Management,” lecture presented to Men’s Wellness Group, 2/06

“Increasing Energy Naturally,” lecture presented to Executive Women’s Group, 1/06

Member International Society for the Study of Subtle Energies and Energy Medicine, ISSSEEM

“Holistic Nutrition: The Best Medicine is Free,” lecture presented to Conference on Bionetic Wellness, 10/01

Member, American Academy of Anti-Aging Medicine

“Choosing Vibrant Longevity,” lecture presented to Holistic Networkers Association, 10/00

“Menopause: Life Balancing, Nutrition and other Natural Approaches to a Powerful Transition,” lectures presented as part of Chipeta Harvest’s lunch/dinner series, 2/00 – 4/00

“Intuitive Wellness Retreat to Mexico,” classes and tour lead to rural Mexico; classes included: Listening to Your Body, Practicing Self Compassion, Food is Medicine, Aromatherapy, and more. 11/99

“Nutrition and Cancer,” lecture presented for American Cancer Society, 10/97.

“Herbs for Wellness,” lecture presented to Health Quarters group meeting, 4/97.

“Topics in Natural Health,” series of 4 classes including: How to Choose Natural Supplements, Using Herbs for Energy, Aromatherapy, and Creating an Herbal First Aid Kit, 2/97 – 4/97

“Nutrition: Using Food to Create Health,” workshop presented to Colorado Institute for Massage Therapy, 10/96.

“Eating Organic!” lecture presented to Health Quarters group meeting, 9/96.

“Listening to Your Body,” lecture presented to Health Quarters group meeting, 11/95.

Associate Editor, IEEE Transactions on Professional Communication, Fall 1991 Spring 1996.

“Using Communication Analysis Techniques for Organizational Change,” workshop presented at IEEE International Professional Communication Conference, Santa Fe, NM, September 1992.

“The Times They are a Changin’: A Day in Amanda Collin’s High-Tech Life,” paper presented at Colorado Speech Communication Association, Fort Collins, CO, April 1990.

“Does the Glass Ceiling Effect Women in Technical Communication?” paper presented at TechComm90, Denver, CO, March 1990.

Visual Communication Manager, 36th International Technical Communication Conference, Chicago, IL, May 1989.

Visual Communication Deputy Manager, 34th International Technical Communication Conference, Denver, CO, May 1987.

Vice President, American Society of Training and Development, Pikes Peak Chapter, 1987.

“Using Interactive Videodisc Technology,” paper presented at 33rd International Technical Communication Conference, Houston, TX, May 1985.

Programming Director, American Society of Training and Development, Pikes Peak Chapter, 1985-86.